

## OPTIONAL ACTIVITIES

### Monday Hangs

A weekly meet-up from 3.30pm to 5.30pm for girls in years 9-13 for spiritual and academic support.

### Year 11 - 13 Spiritual Retreat

An opportunity for prayer and reflection. At Brooklands Country Estate. This will take place in July.

## SERVICE OPPORTUNITIES

Dates and Costs separate to annual fee TBC

### April School Holidays

Year 7-8 Service Day

Year 9-10 Resilience Weekend

Year 11-13 Service Project

### July School Holidays

Year 7-8 Service Day

Year 9-10 Service Weekend

Year 11-13 Service Project

### Sept/Oct School Holidays

Year 7-8 Service Day

Year 9-10 Service Project

Year 11-13 Service Project

## INFO

SHE LEADS aims to spark ideals, give support and create opportunities for young women so they can become game-changers in society through:

- Mentoring
- Workshops
- Service activities

Where:

Rimbrook Study Centre, 64 Hillcrest Road, Hamilton

Cost:

\$120 Annual fee (8 sessions from Feb-Nov)

\$105 Early Bird rate

Register and pay before 28 Feb 2024 and get a free session

OR \$20 per session

Payment to Rimbrook Study Centre:

02-0536-032-5858-03 (SHE Leads + Surname)

For more information and to apply online:

[www.rimbrook.org/leadership](http://www.rimbrook.org/leadership)

Contact us:

[sheleads@rimbrook.org](mailto:sheleads@rimbrook.org)

*rimbrook*  
STUDY CENTRE



# SHE Leads

LEADERSHIP PROGRAMME  
FOR YOUNG WOMEN



# YEAR 7-8

## STEPPING UP

We build strong foundations of identity, purpose and virtue to make the most of the years ahead.

### WORKSHOPS

Feb 10	Introduction and Goal Setting Skit Day
Mar 9	Understanding your mind and others Scavenger hunt
May 11	Heart of Service Baking and Cardmaking
Jun 8	Building Confidence Photoshoot and Monologuing
Aug 10	True Friendship Bonfire night
Sep 14	Fortitude and Courage Bowling
Oct 19	Life Outside Your Comfort Zone Dance Class
Nov 9	Tips for having a productive summer Beach Trip

SAT 3-5.30PM

# YEAR 9-10

## CHARACTER & TALENT

We provide tools and support to think deeply, know and prioritise values, and grow in confidence.

### WORKSHOPS

Feb 10	How feelings work Ice breakers and games
Mar 9	Courage Rock Climbing
May 11	Gratitude Mother + Daughter Beauty Day
Jun 8	Purpose and Action Singing for the nursing home
Aug 10	Growth Mindset Collage making
Sep 14	Confident Communication Skills Drama Games
Oct 19	Spirit of Service Dancing lessons
Nov 9	Friendship Scavenger Hunt

SAT 3-5.30PM

# YEAR 11-13

## LEADERSHIP & VISION

We give opportunities to practice leading with conviction and resilience in a changing society.

### WORKSHOPS

Feb 10	Know Your Why: Finding purpose Masterchef Competition
Mar 9	Courage is Vulnerability Spoken Word Poetry
May 11	Leaders Eat Last Movie night
Jun 8	The Anatomy of Trust Laser Tag
Aug 10	Be Real: Living with Authenticity Beauty and Pamper Day
Sep 14	Check Your Sources: Finding truth Trivia Night
Oct 19	Atomic Habits: How to build yourself up Scavenger Hunt
Nov 9	Fill your cup: Meaningful rest Road Trip (Times TBC)

SAT 3-5.30PM