## OPTIONAL ACTIVITIES

## **Monday Hangs**

A weekly meet-up from 3.30pm to 5.30pm for girls in years 9-13 for spiritual and academic support.

### Year 11 - 13 Spiritual Retreat

An opportunity for prayer and reflection. At Brooklands Country Estate. This will take place in July.

## SERVICE OPPORTUNITIES

Dates and Costs separate to annual fee TBC

## **April School Holidays**

Year 7-8 Service Day Year 9-10 Resilience Weekend Year 11-13 Service Project

### July School Holidays

Year 7-8 Service Day Year 9-10 Service Weekend Year 11-13 Service Project

### Sept/Oct School Holidays

Year 7-8 Service Day Year 9-10 Service Project Year 11-13 Service Project



SHE LEADS aims to spark ideals, give support and create opportunities for young women so they can become game-changers in society through:

- Mentoring
- Workshops
- Service activities

#### Where:

Rimbrook Study Centre, 64 Hillcrest Road, Hamilton

#### Cost:

\$120 Annual fee (8 sessions from Feb-Nov) \$105 Early Bird rate Register and pay before 28 Feb 2024 and get a free session OR \$20 per session

#### Payment to Rimbrook Study Centre:

02-0536-032-5858-03 (SHE Leads + Surname)

# For more information and to apply online: www.rimbrook.org/leadership

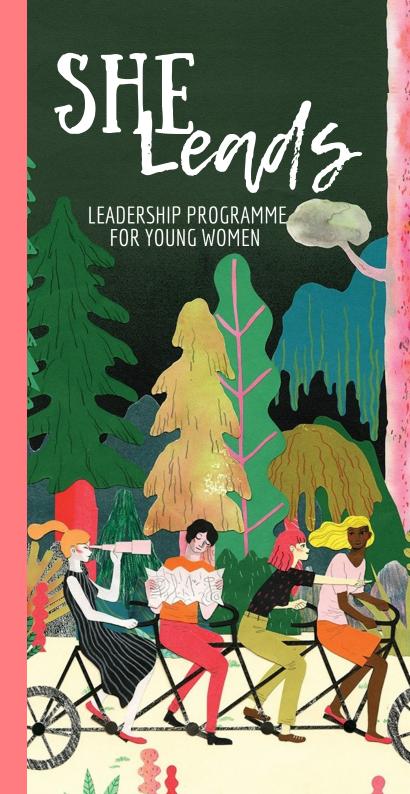
Contact us:

sheleads@rimbrook.org











## YEAR 7-8 STEPPING UP

We build strong foundations of identity, purpose and virtue to make the most of the years ahead.

## **WORKSHOPS**

Feb 10	Introduction and Goal Setting Skit Day
Mar 9	Understanding your mind and others Scavenger hunt
May 11	Heart of Service Baking and Cardmaking
Jun 8	Building Confidence Photoshoot and Monologuing
Aug 10	True Friendship Bonfire night
Sep 14	Fortitude and Courage Bowling
Oct 19	Life Outside Your Comfort Zone Dance Class
Nov 9	Tips for having a productive summer Beach Trip

SAT 3-5.30PM

# YEAR 9-10 CHARACTER & TALENT

We provide tools and support to think deeply, know and prioritise values, and grow in confidence.

## **WORKSHOPS**

Feb 10	How feelings work Ice breakers and games
Mar 9	Courage Rock Climbing
May 11	Gratitude Mother + Daughter Beauty Day
Jun 8	Purpose and Action Singing for the nursing home
Aug 10	Growth Mindset Collage making
Sep 14	Confident Communication Skills Drama Games
Oct 19	Spirit of Service Dancing lessons
Nov 9	Friendship Scavenger Hunt

SAT 3-5.30PM

## YEAR 11-13 LEADERSHIP & VISION

We give opportunities to practice leading with conviction and resilience in a changing society.

## **WORKSHOPS**

Feb 10	Know Your Why: Finding purpose Masterchef Competition
Mar 9	Courage is Vulnerability Spoken Word Poetry
May 11	Leaders Eat Last Movie night
Jun 8	The Anatomy of Trust Laser Tag
Aug 10	Be Real: Living with Authenticity Beauty and Pamper Day
Sep 14	Check Your Sources: Finding truth Trivia Night
Oct 19	Atomic Habits: How to build yourself up Scavenger Hunt
Nov 9	Fill your cup: Meaningful rest Road Trip (Times TBC)

SAT 3-5.30PM

